



### HCO Program Description:

**Goal Line Home Care** arranges for non medical home care services. Services are provided by an affiliated Home Care Aide (HCA) to a client who needs assistance with activities of daily living (ADL). We are required to be licensed by the California Department of Social Services.

### Home care services include, but are not limited to:

- ADLs
  - Meal planning and preparation
    - Feeding
  - Personal hygiene and grooming
    - Bathing
    - Dressing
  - Toileting and incontinence
  - Exercising
    - \*\* An HCA may remind clients to take their medication; however, they may not directly provide it to the client. A HCA may instruct clients to fill a pillbox per their physician's instructions but cannot fill the pillbox for them. There is no "medication waiver" that will allow the HCO or HCA legal authority to assist with or provide medication.
- Positioning
- Transferring / Ambulating
- Companionship
- Housekeeping duties and laundry.
- Making phone calls
- Transportation
- Run errands / Grocery Shopping
- Medication Reminder

### Home care services DO NOT include any medical services such as:

- Diabetic insulin shots
- Catheter care
- Bed sore treatment
- Physical therapy
- Glucose readings (blood sugar)
- Tube feedings and care
- IV insertions
- Blood pressure
- Ventilator dependent care
- Colostomy bag care
- Vital signs
- Post-surgery, wound care
- Medication assistance

There is no waiver or any other type of consent that removes this prohibition as medical services may only be administered and provided by an authorized medical professional or agency.

-Serving All of San Diego and Riverside Counties-  
866-235-0062